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# SF GOTOX BOTOX<sup>®</sup> XEOMIN<sup>®</sup> CONSENT

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## Consent for Use BOTOX<sup>®</sup> and XEOMIN<sup>®</sup>

BOTOX<sup>®</sup> and XEOMIN<sup>®</sup> are brand names for botulinum toxin type A, a neurotoxin that blocks messages between muscles and the nerves that control them. The effects of BOTOX<sup>®</sup> & XEOMIN<sup>®</sup> become apparent ~3 days after injection, peak at 3 weeks, and start wearing completely off by 3-6 months.

The FDA has approved the use of some botulinum toxins to treat facial twitches and spasms, eye crossing, and to temporarily soften facial wrinkles between the eyebrows.

While the FDA has not approved injections to improve the appearance of wrinkles in other areas of the face, physicians routinely perform these “off-label” procedures with safety and efficacy.

There are alternatives to BOTOX<sup>®</sup> or XEOMIN<sup>®</sup>, including declining treatment, non- invasive lasers, chemical peels, or surgery.

Side effects and complications include but are not limited to

- ❖ Bruising, pain, redness at injection sites
- ❖ Undercorrection (not enough effect) or overcorrection (too much effect)
- ❖ Facial asymmetry (one side looks different than the other)
- ❖ Paralysis of a nearby muscle leading to: droopy eyelid, double vision, inability to close eyes with resulting ocular irritation/dry eyes, difficulty whistling or drinking from a straw

- ❖ Generalized weakness
- ❖ Serum Sickness or Botulism
- ❖ Flu-like syndrome or respiratory infection
- ❖ Nausea or headache
- ❖ Development of antibodies to the medication

❖ The medications contain human-derived albumin and carries a theoretic risk of virus transmission. There have been no reports of disease transmission through BOTOX® or XEOMIN®

### **CONTRAINDICATIONS**

You should not have BOTOX® or XEOMIN® if: you are pregnant; nursing, allergic to bacterial proteins, allergic to albumin, have an infection, skin condition, have Eaton-Lambert syndrome, Lou Gehrig's disease, or myasthenia gravis.

### **INFORMED CONSENT**

I understand the above and have had the risks, benefits, and alternatives explained to me as well as any questions I have answered. No guarantees about results have been made. I give my informed consent for BOTOX® or XEOMIN® injections today as well as future treatments as needed.

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Signature of Patient and Date